



For additional information, please visit our website at www.connecticutgi.org

## Procedure Preparation SUTAB

\*Follow these instructions. **Do NOT follow the instructions on the box.\*** 

\*The prescription for your prep has been sent to your pharmacy electronically. Please pick up within a week.

NOTE: Failure to properly cleanse your colon may result in a cancelled procedure.

- You must be on a clear liquid diet 30 hours before your procedure (please review the clear liquid diet sheet).
- <u>SUTAB PREP</u>: must not have anything by mouth for <u>3 hours</u> prior to your procedure INCLUDING water, qum, hard candies and oral nicotine pouches.

The American College of Gastroenterologists recommends splitting the preparation for optimal visualization of the colon and detection of small polyps and cancer.

SUTAB is a split-dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Clear liquids must be consumed with each dose of SUTAB, and additional clear liquids must be consumed after each dose.

## THE DAY BEFORE YOUR COLONOSCOPY

DO NOT take any oral medication within 1 hour of starting your 1st dose of SUTAB.

- Between 6-7 PM the day before your procedure, take the first dose by completing steps 1-3.
- 1. Open one bottle of 12 tablets.
- 2. Fill the provided container with 16 ounces of clear liquids (up to the fill line). **Swallow 1 tablet every 3 minutes** with a sip of clear liquids. You should finish the 12 tablets and the **entire 16 ounces of water within 36 minutes**.
- 3. Drink the additional two 16 ounces of water:
  - a. Approximately **1 hour** after the last tablet is ingested, fill the provided container with 16 ounces of water (up to the fill line) and drink the entire amount over **30 minutes**.
  - b. Approximately **30 minutes after** finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line) and drink the entire amount over **30 minutes**.

## **6 HOURS BEFORE THE PROCEDURE**

DO NOT take any oral medication within 1 hour of starting your 2<sup>nd</sup> dose of SUTAB.

- Six **(6) hours prior** to your scheduled procedure time, take the <u>second do</u>se of your prep by completing steps 1-3 above.
- DO NOT drink ANYTHING for 3 hours prior to your procedure