



BRAVO ENDOSCOPY 96 HOURS

- Bravo is a 96 hours PH monitoring system. The Bravo capsule is attached to the esophagus with a small amount of suction during an endoscopy.
- The monitor is small. You will have to keep it close to your body or it will not pick up the capsule. It will beep to let you know if it is too far away. If you hear the audible beep, place the monitor close to your chest to allow it to reconnect.
- When you shower, please keep the monitor outside the shower stall and close enough to pick up the signal.
- **MAKE SURE TO PRESS ANY BUTTON TO TURN THE SCREEN ON BEFORE YOU PRESS THE SYMPTOM BUTTONS ONCE.**
- **MAKE SURE TO PRESS ANY BUTTON TO TURN THE SCREEN ON BEFORE YOU PRESS THE MEAL BUTTON WHEN YOU START EATING. GREEN LIGHT WILL TURN ON. WHEN FINISHED EATING, BE SURE TO PRESS A BUTTON TO TURN THE SCREEN ON. PRESS THE MEAL BUTTON, AND THE GREEN LIGHT WILL TURN OFF.**
- Follow the same instructions for sleep as you did for your meals but use the sleep button.
- There are buttons on the monitor to use to record your most bothersome symptoms. If you miss an entry, press a different button by mistake, or need to leave a note for the staff, please write in the journal. Otherwise, pressing the buttons is sufficient.

Nothing to eat or drink after midnight the night before. If it is an afternoon procedure, you may have clear liquids from midnight the night before up until 8:00am the day of your procedure.

NOTIFY YOUR DOCTOR AS SOON AS POSSIBLE IF YOU ARE TAKING BLOOD THINNERS SUCH AS COUMADIN (WARFARIN), PLAVIX, PLETAL, EFFIENT, AGGRENOX, PRADAXA, SAVAYSA, XARELTO, ELIQUIS, BRILINTA.

MEDICATIONS

**Unless otherwise directed by your physician, please discontinue the use of the following
The below medications should be discontinued 7 days prior to your scheduled appointment:**

- Prilosec (omeprazole)
- Nexium (esomeprazole)
- Aciphex (rabeprazole)
- Prevacid (lansoprazole)
- Protonix (pantoprazole)
- Zegerid (immediate release omeprazole)
- Voquezna (Vonoprazan)
- Carafate (Sucralfate)
- Tagamet (Cimetidine)
- Axid (Nizatidine)
- Pepcid (Famotidine)
- Zantac (Ranitidine)
- Dexilant (Dexlansoprazole)
- Voquenza (Vonoprazan)

The following medication need to be held 1 day before the test:

- Tums
- Rolaid
- Maalox
- Gaviscon
- Mylanta

Non-GERD medications for other medical problems (for example: diabetes, high blood pressure, etc.) should not be interrupted.

Your stay will be approximately 2 to 3 hours. You may resume normal activities the day after your procedure.

YOU WILL NOT BE PERMITTED TO DRIVE THE ENTIRE DAY OF THE UPPER ENDOSCOPY. Make sure you arrange for transportation home.

You are scheduled on: _____ at _____ am/pm with Dr. _____

DATE: _____ ARRIVAL TIME: _____

LOCATION _____

If you have any questions, please call _____.

Many insurance companies have co-pays and/or deductibles for outpatient procedures. Please check with your insurance company to see what your out of pocket expenses will be.

Bravo Testing Information – Scan the QR Code to Watch:

English



Spanish



2/26/26 JR